



2 News
News around the
Air Force and
PACAF

2 Community
Neighborhood
watch

4 Commentary
Life as an
XO

Lucky dog



photo by Staff Sgt. Jeff Loftin

Dr. Jimpei Honjo, a veterinarian at the base vet clinic, examines Lucky, an 11-year-old border collie who survived severe internal bleeding Jan. 19, thanks to the clinic staff and a doggie blood donor. Bleeding from a ruptured tumor on the dog's spleen sent him into deep shock, but the clinic staff was able operate and save his life. See story on page 3.

AMSS proven Excellent

**By Senior Master Sgt.
Gordon Van Vleet**
374th Airlift Wing Public Affairs

Doing what they do best, the 630th Air Mobility Support Squadron rolled up its sleeves and got down to business showing the Air Mobility Command Inspector General Team why they are the best in the Pacific. Garnishing an overall "Excellent" rating for the En Route Readiness Inspection which concluded Feb. 2.

The 630 AMSS weathered a three-in-one audit of their ability to perform both peacetime and wartime missions.

"We only get this kind of inspection once every three years," said Col. Paul Williams, 630 AMSS commander. "This inspection was the equivalent of an AMC wing Operational Readiness Inspection."

According to Williams, the areas inspected included aerial port, logistics and command and control. "Another area looked at, and found to be outstanding, was our support to the host base," he said. "The joint inspection, load planning and ramp coordination were all found to be exceptional."

The inspection kicked off

Jan. 29 just after Superbowl XXXV. "It was very considerate of the inspectors to wait until the Superbowl was over before starting the inspection," said Williams.

"The inspectors were very impressed with the support provided by Team Yokota." The IG team said both billeting and transportation were excellent and they were very pleased with the conference room provided them by the civil engineer squadron, he added.

"Looking at our ability to deploy and employ, the inspectors were very thorough in examining not only our day-to-day mission, but they also checked how we support the host wing," said Lt. Col. Mark Wells, director of operations.

"Our mission is very focused," said Wells. "We launch and recover AMC aircraft and provide aerial port services and deployment support to the wing. We are the largest of six en route ports in the Pacific, handling almost one third more cargo than the next busiest port."

The 630 AMSS processed 55,000 tons of cargo and 94,500 passengers last year, working 8,800 missions through Yokota. "This inspection validated what

we already knew," said Williams.

With 10 inspectors looking at a squadron of 450 people, the inspection was very precise. Noting several areas as "Best Practices" and recognizing several individuals and teams for their professionalism and work accomplished, the inspectors were very satisfied with the performance of the 630 AMSS, said Williams.

One Best Practice cited was the development of a MICAP checklist work card. This process was recognized for the creativity in its development.

Another Best Practice found was the development of a deployment toolbox allowing for better force protection measures.

The cargo processing team, forward supply location team and sortie support element were all recognized for their performance during the inspection.

Although there were individual performers who were recognized for their excellence, the colonel said that the contributions of all the people in the squadron along with the support received from the wing were the elements that brought this inspection to its inescapable conclusion...Excellent!•

African-Americans celebrate rich heritage

By Staff Sgt. Alan Williams
Fuji Flyer Editor

Annette Eddie-Callagrain, the only African American woman licensed to practice law in Japan, was the guest speaker for the African American Heritage Month Kick-off Luncheon here last week.

She opened her dialogue with a grateful thank you to an old friend, Lt. Col. Laurell Baez, 374th Comptroller Squadron commander, for her introduction.

The theme of this year's observance is Creating and Defining the African-American Community.

"The first time I heard this year's

theme I immediately thought – as a people we need to move forward, we need to press forward, not forgetting our past, but pressing forward to make a difference," said Eddie-Callagrain.

One of the main points was "in the new millennium, time is objective, time is neither good or bad, it is how you use it," she added.

Eddie-Callagrain based her points on the premise that if African-Americans continue to do the same things in this millennium as in the last, nothing will change.

"Our journey to America was long and difficult — often marked by tragedy, but always sustained by spirit," she said.

AAHM is a celebration of the signifi-

cant contributions made by African-Americans to the United States. Their determination and sheer will brought the former "negro" a long way. Fifty years ago, things were different in America, and they didn't change overnight.

"No one woke up one morning and said, let's be nice to black folks," Eddie-Callagrain said.

There are many people who gave their lives for the many liberties that African-Americans have today.

It was not too long ago, when 'blacks' were not allowed to vote, let alone the simple things in life.

According to Callagrain, African-

Americans should "battle against the odds for what real history has taught us to be the right course (of action). A mind that remains in present atmosphere never undergoes sufficient development to experience what is commonly known as thinking," she added. "We must have a clear concept of our present status ... Not, drifting towards compromise, concession and settlement — losing moral courage."

"There needs to be a personal commitment. We need ... to uphold the traditions that have been laid before us," she said. "The reason we should take it seriously is because so many (people who) paid the price, took it seriously."•

PACAF awards

374th Communications Squadron, maintenance effectiveness award winner, Category 9: communications-electronics (large);

Maj. Charles Yu, 374th Aerospace Medicine Squadron, optometrist;

Senior Airman Carlos Claudio, 374 AMDS, optometry technician airman;

Capt. Anthony Ingram, 374th Medical Support Squadron, medical information systems officer;

Terry Simmons, 374 MDSS, medical information systems civilian;

Linda Johnson, 374th Contracting Squadron, outstanding contracting civilian (operational GS-11 and above);

Kanae Mochizuki, 374 CONS, outstanding pricing support;

Maj. Stephen Clutter, 374th Airlift Wing Public Affairs, outstanding public affairs field grade officer.

Senior Master Sgt. Tait Solberg, U.S. Air Force Band of the Pacific-Asia, outstanding senior NCO;

Staff Sgt. Keith Munn, USAF Band of the Pacific-Asia, outstanding band NCO;

Staff Sgt. Michael Khosrovani, USAF Band of the Pacific-Asia, outstanding band airman.

Promotees

To colonel: **Mark Rasch**, 374th Dental Squadron;

To lieutenant colonel: **Alan Stone**, 374th MDSS;

To major: **Jonathan Berry**, **Jennifer Cruise** and **Nancy Smiley**, 374th Medical Operations Squadron, and **Bryan Tallent**, 374 DS.

5th AF nominees

374th Operations Group, Verne Orr Award;

374th Logistics Plans, best logistics plans office;

Capt. Scott Latimer,

374th Operations Support Squadron, intelligence officer of the year;

Senior Airman John McTheny Jr., 374th Security Forces Squadron, NCOA Vanguard Award.

AF Intern Program

Primary selectees: **Capt. John Klein**, 36th Airlift Squadron; **Capt. Dan Lee**, 374 MDSS; **Capt. Mike McCarthy**, 374th Aeromedical Evacuation Squadron; **Capt. Doug McClain**, 630th Air Mobility Support Squadron;

Alternate selectee: **Capt. Kenyon Bell**, 5th Air Force.

Communicator

"Pacific Report," second place in documentary category;

Spec. Damian Kelly, Air Force News Service, second place in news story category;

"Yokota Insight," honorable mention in Public Affairs program category.

IRRI COACH'S CORNER

Display a sense
of urgency for
all IRRI
activities.

DAYS UNTIL THE IRRI: 32

Neighborhood Watch is a biweekly column designed to keep you in the loop about reported incidents and to provide you with information needed to maintain your safety while at Yokota.

INCIDENT #1: Jan. 26 at 7:35 a.m., a Japanese citizen, driving a semi-truck, ran the Supply Gate. Security forces stopped the vehicle adjacent to the civil engineer complex. The driver was incoherent, agitated, and became combative. Security forces physically restrained him. Japanese National Police responded

Neighborhood Watch

and assumed control over the individual. The status of this case is pending investigation by the JNP.

INCIDENT #2: Jan 11 at 10:41 p.m., an airman assigned to Yokota Air Base attempted to enter the off-base residence of a Japanese family. The individual fled the scene upon arrival of the Japanese National Police, and was located sleeping on Route 16. Further investigation revealed the airman was intoxicated and a sample of his breath resulted

in a BAC of .18 percent. He was advised of his Article 31 rights for Underage Drinking and Drunk and Disorderly conduct. This case is pending further investigation.

INCIDENT #3: Jan. 31, security forces detained a dependent child for making threats and possible possession of illegal narcotics. The case will be for-



warded to the Youth Development Board.

The Neighborhood Watch "Tip of the Week": If you or your family members accidentally dial 911, stay on the phone with emergency agencies to verify your status. **DO NOT HANG UP THE PHONE!** This will result in a patrol response and a security forces blotter entry.

If you have any questions or suggestions for the column please feel free to contact the Security Forces Crime Prevention section at 225-7244 or 225-8183.

NEWS AROUND THE AIR FORCE & PACAF

Agents foil scam: Three Air Force Office of Special Investigations agents returned more than \$16.5 million to the Air Force recently, and were presented Defense Department outstanding achievement awards Jan. 30 for their efforts.

Special agents Alex Keechle, Susan Chandler and Scott Corbitt received the awards from Maj. Gen. Michael Wiedemer, Air Force Materiel

Command director of requirements, and Glenn MacTaggart, assistant United States attorney, western region, during an AFOSI Region 1 detachment commander's conference here. The OSI trio, all based in Texas, were singled out for their investigative efforts in a case of fraud against the Air Force.

In 1984, the San Antonio Air Logistics Center at Kelly Air Force Base, Texas, awarded

a contract to a private firm worth \$2 billion to construct a command, control and communications air defense system in Saudi Arabia.

An audit indicated the contractor was over-billing and providing false claims.

Airlift critical in providing aid to India: Aircrews from Travis Air Force Base, Calif., and McChord AFB,

Wash., teamed up to fly more than 11,000 miles in 27 hours, and moved 245,600 pounds of humanitarian supplies donated to India to assist survivors of a Jan. 26 earthquake.

Three C-5 Galaxy aircraft departed Travis for a 16-hour flight to Anderson AFB, Guam. The aircraft carried cargo ranging from tents and blankets to forklifts and water containers. Once on Andersen the cargo was

transferred to four awaiting C-17 Globemaster IIIs from McChord's 7th Airlift Squadron.

New radar opens: A mechanical radar that had been in place for nearly 40 years at Clear Air Force Station Alaska was deactivated Feb. 1, and replaced with a new phased-array radar.

The new radar will improve the 13th Space Warning Squadron's ability to conduct its missile warning and space surveillance missions.

Advertisement

Heros of the heart

Vet clinic staff and doggie blood donor save border collie with internal bleeding

By Staff Sgt. Jeff Loftin
374th Airlift Wing Public Affairs

One Yokota family member is truly a lucky dog.

Lucky, a 11-year-old border collie belonging to Larry and Capt. Carmella Lawson, survived severe internal bleeding Jan. 19, thanks to the staff of the base vet clinic and the kindness of the Lawson's neighbors.

"I found him at the front of the steps early that morning," said Larry of the pet they adopted in the knick of time from the humane society a decade ago. "I guess he hit the baby gate and passed out. I petted him and he woke up so I let him out to use the restroom. He collapsed in the yard. I called him and called him, but of course, he just laid there. So, I went out and picked him up, put him in the van and brought him to Dr. (Jimpei) Honjo that morning."

"When he came in he was in shock," said Honjo, a second-generation veterinarian. "He couldn't move or anything. I performed treatment for shock first. I gave him a

strong steroid and an IV fluid – the basic treatment for shock. I'd never seen such serious shock in a dog.

"Then, I tried to find out why he was in shock by x-rays, blood work and an EKG," said Honjo. "I recognized that he had lost some blood some way and I suspected internal bleeding. I was 70 to 80 percent sure he had internal bleeding after my examination. So I suggested exploratory surgery and a blood transfusion."

With Lucky in bad shape, Larry went about trying to find a doggie blood donor, but he didn't have to look very far.

"With his blood situation being so anemic and losing so much blood inside, they weren't going to be able to do the operation without some kind of transfusion," said Larry. "My next-door neighbors, Wayne and Denise Click, have a standard



photo by Staff Sgt. Loftin

Abbey Click poses with her dog Zena, a collie who became the blood donor for her playmate, a border collie named Lucky who was suffering severe internal bleeding. Without the transfusion Zena provided, Lucky may not have made it.

collie, like Lassie, whose name is Zena. They were the first ones we thought of because they play together –

Lucky's buddy. I called them and Denise immediately said yes whatever we can do. She let me take Zena. Dr. Honjo did all the testing of the blood to make sure it was compatible and it was a match. She gave about 450ml of her blood. Without the blood Dr. Honjo couldn't have done the surgery and wouldn't have been able to save him. So, she is responsible for Lucky being here today."

Honjo suspected the internal bleeding was coming from Lucky's spleen or liver, common organs for internal bleeding. After the transfusion, Honjo, Dr. Christine Way and a veterinary technician performed the surgery at about 7 p.m. They found a tumor had ruptured on the dog's

spleen filling his chest cavity with blood. Since the damage was extensive, they removed Lucky's spleen and checked his other organs to

ensure the spleen was the only cause of the bleeding.

"Lucky responded very well to the treatment we gave him," said Army Spec. Aaron Smith, the vet technician who assisted in the operation and cared for Lucky until 11 p.m. that night. "He lost a lot of blood when the tumor in his spleen ruptured. When Dr. Honjo made the incision blood actually poured out of his adomin. He is very lucky to be alive. It was a long surgery by the very nature of it because the doctors had to go through and check every organ to make sure those parts weren't bleeding too."

"This kind of surgery doesn't happen often at Yokota, but in Japan it does," said Honjo, who has cared for pets here for six years. "I've done the same kind of surgery two or three times here."

Although the surgery wasn't unique for the doctor, it was very special to the Lawson family.

"Thanks to Dr. Honjo, the vet clinic staff and Zena, Lucky is doing much better now," said Larry. "Lucky is very lucky."

Advertisement

Letters to the editor

This column is open to all Fuji Flyer readers and is intended to promote two-way communication. The Fuji Flyer will publish letters that appeal to a Yokota-wide audience. Letters may be edited for grammar and length.

I would just like to make a comment about customer service. The Air Force spent millions training airmen that the customer should be their primary concern.

I know Quality Air Force and most of its tenants has fallen by the wayside for the most part, but that doesn't mean we have to forget some of the lessons it taught us.

We all have customers and we know they are important. But sometimes things get hectic and we forget. We should instead focus on our customers and try to meet their needs. This is especially true as the Initial Readiness Response Inspection approaches.

*Staff Sgt. J.W. Loftin
374th Airlift Wing*

Life as an executive officer

By Capt. Julian Palmer
374th Operations Group

As a career communications officer, affectionately called "commies" by my new operations group brethren, becoming the executive officer for the 374th Operations Group has been one of the most interesting and rewarding challenges of my career. I was first approached about the idea of becoming the operations group exec while I was still in my previous job as the chief of Network Systems for the communications squadron.

My job consisted of managing 55 people and the day-to-day system administration of the base network. The idea of becoming the executive officer was pitched to me by my boss who asked, "How would you like to work for a big teddy bear... Col. (Curtis) Ross (374th Operations group commander)?" That was not exactly the first image that came to my mind from my days working closely with Col. Ross and the Crisis Action Team as part of the Survival Recovery Center. I cautiously accepted the challenge and have not looked back since.

Being an executive officer is a dawn to dusk job and requires much time and patience.

As the operations group executive officer, I manage

the day-to-day information flow of the group. This includes reviewing EPRs and OPRs, decorations and awards, staff summary



Capt. Julian Palmer
photo by Staff Sgt. Alan Williams

sheets, managing the commander's schedule, tracking suspenses, and all the while, trying to keep everybody happy. The job is mainly a paperwork job, but there are not too many jobs that are more important. You can never forget that the paperwork represents someone's career or is the result of many man hours of effort.

I quickly learned that paperwork is how commanders take care of their people. An executive officer can either be a hindrance or a great help to a group's well being, especially in terms of getting OPRs, EPRs, and decorations done on time. There is a great amount of satisfaction

knowing that you can be a positive influence on getting people promoted and recognized for all their hard work.

Another important task is handling suspenses. Mostly from taskings that come down from higher levels of command. This has been very challenging for me, as a communications officer, to understand all of the "isms" and acronyms of the flying community. You find as an executive officer that you are accountable for everything but in charge of nothing. The group and squadron commanders look to you as a focal point for all information. There is always a fine balance of trying to keep the information flowing without inundating squadrons with too much work. One tasking from the executive officer can mean a great deal of work for others.

Probably the most rewarding experience has been getting to watch and learn from all of the commanders in action. I can honestly say that I have learned a great deal from all of the "outstanding" commanders that I have worked with. I get to see leadership in action every day. The Air Force is in good hands because we have a great group of outstanding and caring commanders; even if one is just a big teddy bear.●



Published by Kaoru Corp. Design Office, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 374th Airlift Wing. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military service. Contents of the Fuji Flyer are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force, or Kaoru Corp. Design Office of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. All photographs used in the Fuji Flyer are official Air Force photographs, unless otherwise indicated.

How to reach us

Editorial content is prepared by the 374th Airlift Wing Public Affairs Office, Bldg. 315, Yokota Air Base, Japan.
Phone: 225-8833
Fax: 225-4867
Mail to: 374 AW/PA, Unit 5078, APO AP 96328-5078 or send to:
fuji.flyer@yokota.af.mil

Deadlines

The deadline for articles is noon Friday the week before publication. Briefs and classified ads are due Wednesday. For holidays, the deadline is one day earlier.

Editorial Staff

Col. Mark Zamzow
374th Airlift Wing Commander

Maj. Stephen Clutter
Chief, Public Affairs

Capt. John Sheets
Deputy Chief, Public Affairs

Senior Master Sgt. Gordon Van Vleet
Superintendent

Staff Sgt. Jeff Loftin
Chief, Internal Information

Staff Sgt. Alan Williams
Editor

Kaoru Corp. Design Office
Publisher

ACTION LINE

225-TEAM

action.lines@yokota.af.mil

The Action Line is your direct line to me. Use it if you have questions or comments about Yokota, which couldn't be resolved by your chain of command. When you call, please leave your name and phone number so you can be reached if more information is needed.

Col. Mark Zamzow
374th Airlift Wing Commander



DUI Prevention

Jan. 31 - Feb. 6 DUIs:	0
Total DUIs in February:	1
Total DUIs in 2001:	2
Record DUI-free streak:	85

Punishment
.05-.07=14 days walking, 6 points
.08-.09=90 days walking, 6 points
.10 and above=one year walking, 6 points
Don't drink and drive, call
225-RIDE
(All stats as of Feb. 6)

Advertisement

Advertisement

Advertisement

Movies

The movie schedule is as follows:
Today — *Rugrats in Paris*, G, 6:30 p.m.; *The Pledge*, R, 9 p.m.
Saturday — *Meet the Parents*, PG-13, 6:30 p.m.; *The Pledge*, PG-13, 9 p.m.
Sunday — *Rugrats in Paris*, G, 2 p.m.; *The Pledge*, R, 7 p.m.
Monday — *Men of Honor*, R, 7 p.m.
Tuesday — *Men of Honor*, R, 7 p.m.
Wednesday — *Meet the Parents*, PG-13, 7 p.m.
Thursday — *The 6th Day*, PG-13, 7 p.m.
All movies and showtimes are subject to change without notice. For information, call 225-8708.

Commander’s Channel

The Channel 18 schedule is as follows:
Family views — Today through Wednesday, 7 p.m., *By Parents, For Parents*. An excellent discussion starter for all audiences, including teenagers, who get a chance to see issues from a parent’s perspective.
Thursday, 7 p.m., *All About Respect*. Geared for young teens to help them understand what constitutes respectful as opposed to disrespectful behavior.
Black Americans of Achievement — Sunday, Harriet Tubman, at 6 p.m.; Frederick Douglass, at 6:30 p.m.; and Madam C.J. Walker, at 8:30 p.m.
Tuesday and Thursday, Sojourner Truth, 6 p.m.; Martin Luther King Jr., 6:30 p.m.; Jackie Robinson, 8:30 p.m.
Air Force News and Air Force Memorial Video — daily at 3 p.m.

Aglow International

There will be a meeting of Aglow International Saturday at 10 a.m. in the West Chapel Fellowship Hall. For more information, call 227-5680.

DRMO sale

Defense Reutilization Marketing Office Sagami will host its next sale Thursday. Inspection is from 8:30 a.m. to 3:30 p.m., Monday to Wednesday. For more information, call 268-4508

Scholarships

High school students of active duty, reserve component, and retired military members can win scholarship awards worth at least \$1,500 each thanks to the new Scholarships for Military Children

program sponsored by the Defense Commissary Agency and the Fisher House Foundation.
Students need a minimum 3.0 gpa to apply and must write a short essay on “What being a military dependent means to me.” Completed applications and essays must be returned to the student’s local commissary by Thursday.
Applications can be downloaded from the Internet at the DeCA web site <http://www.commissaries.com> or applications can be picked up at the local commissary.

Montel Jordan concert

The teen center is planning a trip to Montel Jordan’s Saturday concert at Atsugi. The cost is \$10 and includes transportation.

Awards banquet

The 374th Airlift Wing Annual Awards Banquet is at 6 p.m. Saturday in the enlisted club ballroom. The cost is \$20. Contact unit first sergeants for ticket information.

Singles’ retreat

The base chapel is having a singles winter leadership retreat Feb. 16-19. The theme is Be Renewed. Activities include snowboarding, skiing, food, games, seminars and fellowships. The group will travel by bus to Aomori Christian Center at the Onsen Ski Resort.
Cost is \$100 per person and includes transportation, lodging, equipment rental, lift fees and food. Register by Sunday by calling 225-7009.

Valentine’s Day

Enlisted club — Make reservations at the cashier’s cage for a romantic evening of dining on steak and lobster. Cost is \$49.95 per couple and includes flowers and chocolates.
Officers’ club — The Yokota Players will present “The Diaries of Adam and Eve,” a romantic comedy by Mark Twain. Enjoy the play and a seven-course gourmet dinner with your Valentine. Cost is \$50 per couple.
Tama Lodge — Make reservations for a night of romantic dining at Tama Hills. Rent a room for the night and enjoy Tama’s romantic setting before savoring a gourmet cuisine. Cost is \$48 per couple. For more information, call 224-3421.

New Sanno — Enjoy an eight-course dinner with fine wines and entertainment today at 7 p.m. Cost is \$65. Call 229-7151 for reservations.
Youth dance — Saturday from 7 to 9 p.m. at the east youth center.

Romantic flights

Keep your head in the clouds this Valentine’s Day with a romantic flight from the Flight Training Center. For \$50 you can see Mount Fuji and the Tokyo skyline. For more information, call 225-8988.

Valentine gifts

The Party On store at the Yujo Annex Traveler’s Lounge has Valentine’s Day gifts available including balloon bouquets, gift baskets, party ware and out of the ordinary gifts. Delivery is free when you order \$20 or more.

Services bazaar

Shop for unique gifts and decorative items for your home from 9 a.m. to 3 p.m. Feb. 17 at the Yujo Recreation Center.

Harlem Gospel Choir

The world-renowned Harlem Gospel Choir will perform at the Taiyo Recreation Center Feb. 18 at 6 p.m.

Slumber splash

Kids can enjoy movies, snacks, swimming and breakfast at the natatorium’s summer splash. The event starts at 8 p.m. Feb. 18 and ends at 10 a.m. the next day.

Cooking class

There will be a cooking class Tuesday at 11:30 a.m in the Family Support Center sponsored by the AAHOC. The dish for this class is sour cream pound cake.

AAHOC treasure hunt

The AAHOC is sponsoring a Black History Treasure Hunt beginning Monday. The event will be two weeks long. Participants are required to find the answers to several historical questions. The will be prizes at the conclusion of the hunt. For more information, call Jennifer Allen at 227-2846.

SRB changes

Headquarters Air Force announced changes to the Selective Reenlistment

Bonus Program, effective Dec. 27, 2000. Airmen should contact the Career Enhancement Element to determine their eligibility to reenlist with an SRB.

Seafood buffet

The Tama Lodge Kiji dining room will have a seafood buffet to celebrate President’s Day from noon to 6 p.m. For more information, call 224-3421.

Volunteers needed

The Yokota Enlisted Spouses Club needs volunteers for their mini Asian bazaar Feb. 24-25. For more information, call 227-5409.

VA visit canceled

The Veteran’s Administration representative visit scheduled for Feb. 27-28 has been cancelled. The representative will next visit March 27-28. For more information, call 225-8725.

Road closures

There will be road and sidewalk closures in front of Bldg. 555 until March 22. The closure is necessary to repave existing road and parking lots and to install concrete curbs.

National prayer lunch

There will be an interfaith national prayer luncheon Feb. 23 at 11:30 a.m in the officers’ club. The guest speaker is Lt. Patrick Clebrune “Clebe” McClarry III, U.S. Marine Corps retired. He is a Vietnam war hero. Tickets are \$10 and can be purchased from first sergeants and the base chapel. For more information, call 225-7009.

Dental program

The Military Personnel Flight no longer handles administrative operations for the former TRICARE Family Member Dental Plan and the TRICARE Selected Reserve Dental Program. Administrative functions for these programs will now be handled by the contractor, United Concordia Companies, Inc. For more information, check their website at www.ucci.com.

Story time

The AAHOC is sponsoring a story telling period a the library Tuesday, Feb. 20 and 27 at 6 p.m. For more information, call 225-8324.

Advertisement

Advertisement

Advertisement

Full Page Advertisement

“Quotes”
& Things

“I’m very appreciative of being indicted.”

Bill Peterson, former Florida State football coach, on being selected to the Florida Hall of Fame

Pool closure: The Natatorium will be closed Monday through Feb. 16 for lifeguard instructor training. The cardio room and aerobics classroom will remain open.



Playoffs: Regular intramural basketball playoffs are scheduled for Tuesday through Feb. 16. The championship game is Feb. 16. Over 33 intramural basketball playoffs will be held Feb. 20-23 with the championship game Feb. 23.



Racquetball: The intramural season was set to begin Monday, but has been changed to Feb. 26.



All-star Basketball Saturday: Yokota Sports and Fitness Center will have the event Feb. 24. It will feature a 2-ball shootout at 2 p.m., a 3-point shootout at 3 p.m., an over 33 all-star game at 5:30 p.m., and a slam dunk contest at 6 p.m. To sign up for an event, call 225-8889 or 225-8890.



Volleyball: The intramural volleyball season will begin Feb. 27.

AMERICA'S AIRLIFT FORCE IN THE PACIFIC

FUJI SPORTS



photos by Staff Sgt. Jeff Loftin

Battle of the bulge

Erin O’Neal, in purple, leads her class of kickbox aerobics in fighting off those unwanted pounds. Right, Besar Santos prepares for a kick. The class meets Monday, Wednesday and Friday from 11:30 a.m. to 12:30 p.m. in the base natatorium. The natatorium offers a full schedule of programs including aqua aerobics, cardio aerobics, Chi-Kung/Tai Chi, heart-pumpin’ step, eye opening workout, Moo Do Kwon karate and stretch and sweat. For the full schedule of classes, call 225-2280 or stop by the natatorium.



Scoreboard

Eastern conference			Western conference		
374 OSS	14	0	374 MSS 14	0	
374 CES	10	4	630 AMSS A	9	4
36 AES	9	5			
374 SFS	8	6			
AES/MDG B	7	7			
374 SUPS	5	9			
630 AMSS B	2	12			
374 COMM A	0	14			
Over 33 basketball					
5 AF	11	0			
AMSS	9	2			
CES	7	3			
USFJ	5	5			
MXS	4	6			
AES/MDG	3	7			
36 AS	2	8			
Ladies	0	12			
AES/MDG A	9	4			
374 TRANS	8	5			
374 MXS	4	9			
374 COMM	4	9			
USFJ	3	11			
30 AS	2	11			

HAWC happenings

Official body fat screenings — Mondays, Wednesdays and Fridays, 8 to 10 a.m. and 1 to 3 p.m.
Unofficial body fat screenings — Thursdays by appointment only.
Cholesterol screenings — Tuesdays, 8 to 9 a.m. Fasting for 12 hours and abstinence from alcohol for 72 prior required.
Blood pressure screenings — Mondays through Fridays, 7:30 a.m. to 4:39 p.m.
Tobacco cessation class — Wednesday, 4:45 to 5:45 p.m.
Up with fiber — Feb. 27, 3 to 4 p.m.
Sensible weight program — Feb. 20, 5:30 to 7 a.m.
Air Force Fitness 101 — Thursday, 9 to 10 a.m.
Cholesterol class — Feb. 28, 1 to 2 p.m.
Healthy cooking class — Feb. 23, 11:30 a.m. to 1 p.m.
Dining out nutritionally — Feb. 28, 3 to 4 p.m.

Advertisement

Advertisement

Advertisement